# PRTF North

Located at 680 Galetti Way Buildings 8A and 8N Sparks Nevada

### **PRTF** North

- PRTF North is a Psychiatric Residential Treatment Facility licensed by Health Care Quality and Compliance (HCQC)
- PRTF North is Accredited by the Counsel for Accreditation of Residential Facilities (CARF)
- PRTF North is an unlocked facility-
- PRTF North is licensed for 16 beds at maximum capacity. Actual capacity is based upon factors such as acuity of the youth and safety needs such as single room requirements.

#### Scope, Population and Focus

- This facility serves youth with a severe emotional disturbance and qualifying diagnosis.
- This facility is co-ed, serving youth 13-17 years old.
- The focus is on helping youth to develop effective coping skills and social skills that will allow them to move to a lower of care within the community.
- The facility works closely with parole and probation and child welfare services as well as parental referrals.

Treatment Philosophies Person-Centered, Individualize approach to treatment, each youth and their families and team set the goals for that youth.

Positive Behavior Intervention Supports (PBIS) is used as the basis of the facility treatment model.

The facility uses teaching interactions to teach social skills, behavior management and self-control strategies.

The facility staff are trained in Crisis Prevention Institute (CPI) de-escalation and restraint training. Restraints are only used in cases of imminent harm to self or others.

Leadership within the facility PRTF North is led by a Clinical Program Manager I with over 20 years of residential experience.

There is a Psychiatric Nurse III who oversees the nursing staff of 4 nurses

There are direct care supervisors- Treatment Home Supervisors who provide supervision on the floor. They support the direct care staff of Mental Health Technicians.

The facility has two Mental Health Counselors who provide therapy to the youth.

The facility has a psychiatrist who serves as the Medical Director.

Training and qualifications of the staff Staff receive extensive initial and annual training to meet all the requirements of our accreditation, licensing standards and division standards. Licensed staff will train in specifics for their licensing as required.

The facility has 2 certified instructors for CPI, staff are trained initially and annual in the de-escalation and restraint techniques.

Staff meet the qualifications for their individual positions as set by the State.

## Challenges

- We are an unlocked facility- youth move between buildings for school. This allows for elopement possibilities. Elopements cause the facility to be investigated and fined.
- Mitigation Strategies:
- Staff walk youth in small groups between buildings.
- The facility has all youth come in on an observation period level and they are further assessed for needing precautions.
- We have placed non-climbable netting on the inside of the fenced recreation yard.

# Challenges

- Acuity and needs of youth being referred are higher than previously served.
- The facility is an unlocked PRTF, referral sources can place youth into this type of facility without going through Mental Health Court required to place youth in a locked facility.
- These youth often have a history of elopement, history of aggression and violence toward others.

#### Mitigation strategies:

- The facility screens youth through the residential admissions committee- however, there are times when the facilities decisions are not followed.
- Trial periods may be offered for youth with the understanding that they may be discharged if demonstrated that they are not suitable for this level of care.

# Challenges

- Staff retention is a continual challenge.
- Staff turnover is high due to the challenging nature of the work- youth aggression to staff and others.
- Salary and lack of growth opportunities create retention challenges. The facility only has two levels for direct care staff- line staff or supervisor, no place to move up as they gain experience.

#### Mitigation strategies:

• The increase of the pay scales approved has helped, however, we are still problem solving retention strategies considering the challenging work with these youth and job market opportunities with competitive salaries and/or less intense work.

Collaborative Discussions or Q and A

• Questions?